

# **DISCIPLINES FOR THE 12<sup>TH</sup> EAUGS 2022**

SPORTS DISCIPLINES FOR THE 12 <sup>TH</sup> EASTERN AFRICA UNIVERSITY GAMES		
No.	Sport	Event
1	Athletics – Track & Field	100m
		200m
		400m
		800m
		1,500m
		5,000m
		10,000m
		110m Hurdles
		400 Hurdles
		3,000m Steeplechase
		4 x 100m Relay
		4 x 400m Relay
		Discus
		Shot put
		Javelin
		Long jump
Triple jump		
High jump		
2	Badminton	Single
		Double
3	Basketball	Team
4	Chess	Individual
		Team
5	Handball	Team
6	Hockey	Team
7	Karate	Kumite
		Kumite
		Kumite
		Kumite
		Kumite
		Kumite
		Kumite
		Kumite
		Team KATA
8	Netball	Team
9	Rugby	Team
10	Scrabble	Mixed Single
		Mixed Team

11	Soccer	Team
12	Swimming	50m Freestyle
		50m Breast
		50m Backstroke
		50m Butterfly
		100m Freestyle
		100m Breast
		100m Backstroke
		100m Butterfly
		200m Freestyle
		200m Breast
		200m Backstroke
		200m Butterfly
		400m Freestyle
		800 Freestyle
		1500 Freestyle
		Individual medley
Freestyle relay		
Medley relay		
13	Table Tennis	Single
		Double
14	Tae Kwon Do	Fin Weight
		Fly Weight
		Bantam Weight
		Feather Weight
		Light Weight
		Welter Weight
		Middle Weight
Heavy Weight		
15	Tennis	Single
		Double
16	Volleyball	Team
17	Wood ball	Fairway Single
		Stroke Team (Single, Double & Mixed Double)
18	Sitting Volleyball	Team
19	Beach Handball (Optional)	Team
	<b>Total</b>	